Oven-Fried Pork Chops



Rated: ****

Submitted By: RACHELHACKER Photo By: Chipplec

Prep Time: 10 Minutes Cook Time: 20 Minutes Ready In: 30 Minutes Servings: 4

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"This is a quick, simple, and above all, a cheap way to make pork chops. I love it!"

INGREDIENTS:

4 pork chops, trimmed

2 tablespoons butter, melted

1 egg, beaten

2 tablespoons milk1/4 teaspoon black pepper1 cup herb-seasoned dry bread stuffing

DIRECTIONS:

1. Preheat oven to 425 degrees F (220 degrees C). Pour butter into a 9x13 inch baking pan.

mix

- 2. Stir together egg, milk and pepper. Dip pork chops in egg mixture, coat with stuffing mix and place in pan.
- **3.** Bake in preheated oven for 10 minutes. Turn chops and bake for another 10 minutes, or until no pink remains in the meat and juices run clear.

Nut	rition	Amount Per Serving	Amount Per Serving
Info	Information	Total Fat: 14.3g	Total Carbs: 38.6g
Servings Per Calories: 422	nas Per Recipe: 4	Cholesterol: 134mg	Dietary Fiber: 1.6g
		Sodium: 897mg	Protein: 32.3g

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